

Women's Long Course Records - FREESTYLE

AGE GROUP	50 FREE	100 FREE	200 FREE	400 FREE	800 FREE	1500 FREE	30 MIN FREE	45 MIN FREE	60 MIN FREE
20-24	0:31.06	1:06.15	2:53.37	5:54.24	12:00.79				
	18/04/1999	21/03/2008	7/04/2001	2002	2002				
	Jose Simpson	Amanda Jacob	Emily Yates	Lorraine Schibeci	Lorraine Schibeci				
25-29	0:28.66	1:02.63	2:23:27	6:09.56		26.48.20			
	29/10/1992	13/06/1992	22/04/2000	12/10/2009		7/06/2009			
	Neroli Nixon	Neroli Nixon	Kate Durrant	Amy Brown		Sarah Posner			
30-34	0:33.45	1:05.04	2:44.24		10:12.51	19:51.30	1650		3775
	29/03/2003	20/02/1994	1994		1994	2001	2003		2002
	Kylie Ferguson	Neroli Nixon	Neroli Nixon		Neroli Nixon	Kate Durrant	Vicki Horn		Vicki Horn
35-39	0:31.17	1:11.79	2:36.40	5:34.31	11:29.56	24:05.75		2600	3050
	17/04/2004	14/03/2009	13/10/2009	12/10/2009	10/10/2009	12/08/2007		25/04/2007	14/04/2007
	Barb Smith	Vicki Horn	Vicki Horn	Vicki Horn	Vicki Horn	Kylie Ferguson		Kylie Ferguson	Kylie Ferguson
40-44	0:30.52	1:06.01	2:29.78	5:11.36		21:17.91		2450	
	21/03/2008			22/03/2008		2003		2003	
	Barb Smith	Barb Smith	Barb Smith	Barb Smith		Donna Gadsby		Caroline Clarkson	
45-49	0:30.21	1:05.18	2:23.04	5:07.87	10:48.63	21:18.04			2900
	20/04/2008	14/03/2009	19/04/2008	23/04/2008	31/03/2004	22/05/2004			15/04/2007
	Barb Smith	Barb Smith	Barb Smith	Barb Smith	Donna Gadsby	Donna Gadsby			Belinda Cipa
50-54	0:31.63	1:10.23	2:42.72	5:42.76	11:40.10	22:05.39			3325
	16/10/2009	15/10/2009	13/10/2009	13/10/2009	10/10/2009	2000			29/04/2005
	Bryn Illingworth	Bryn Illingworth	Donna Gadsby	Donna Gadsby	Donna Gadsby	Sue Harbottle			Jan Sayers
55-59	0:33.64	1:15.74	2:49.46	5:52.75	12:43.29	24:38.04			3300
	4/01/2005	4/01/2005	19/04/2008	29/03/2005	20/03/2008	22/05/2004			29/04/2005
	Sue Harbottle	Sue Harbottle	Margie Moore	Sue Harbottle	Margie Moore	Kaye Jarrott			Carol Freeman
60-64	0:35.02	1:18.28	3:02.38	6:30.50	13:24.02	31:06.32	1400	2100	2850
	1989	1989	21/02/2009	22/209	20/02/2009	2002		2/01/2005	13/06/2005
	Margaret Cunningham	Margaret Cunningham	Kaye Jarrott	Kaye Jarrott	Kaye Jarrott	Julie Fechner	Julie Fechner	Julie Fechner	Julie Fechner
65-69	0:35.46	1:22.65	3:05.50	7:04.77	14:06.92	28:49.8	1300	1850	
	1990	1990	1990	22/02/2009	20/03/2008	1995		26/07/2009	3/06/2007
	Margaret Cunningham	Margaret Cunningham	Margaret Cunningham	Ros McLean	Ros McLean	Dorothy Dickey	Jane Kinsey	Jane Kinsey	
70-74	0:42.76	1:31.33	3:33.97	7:20.34	15:10.17	29:47.38	1400		
	7/04/2001	5/03/2000	29/03/2002	Apr-04	Jun-02	Nov-03	2002		
	Dorothy Dickey	Dorothy Dickey	Dorothy Dickey	Dorothy Dickey	Dorothy Dickey	Dorothy Dickey	Dorothy Dickey		
75-79	0:43.63	1:36.58	3:31.11	7:17.30	14:51.71	29:06.04		1475	
	14/10/2006	18/04/2008	19/04/2008	24/03/2008	17/04/2008	6/02/2005		23/11/2008	
	Dorothy Dickey	Dorothy Dickey	Dorothy Dickey	Dorothy Dickey	Dorothy Dickey	Dorothy Dickey	Dorothy Dickey		
80-84	1:04.05								
	10/07/2002								
	Delzie Lucas								

Women's Long Course Records - BACKSTROKE

AGE GROUP	50 BACK	100 BACK	200 BACK	400 BACK	800 BACK	1500 BACK	30 MIN BACK	45 MIN BACK	60 MIN BACK
20-24	0:38.80 20/02/1994 Kym Gasparotto	1:29.31 20/02/1994 Jo Killmister	3:13.38 25/03/1994 Jo Killmister						
25-29	0:33.31 22/04/2000 Kate Durrant	1:12.95 22/04/2000 Kate Durrant	2:43.35 22/04/2000 Kate Durrant						
30-34	0:34.05 29/03/2002 Kate Durrant	1:13.39 10/07/2002 Kate Durrant	2:40.93 27/03/2002 Kate Durrant	6:25.22 Janette Dickey	12:59.36 Janette Dickey				
35-39	0:37.38 21/05/2005 Donna Duffield	1:27.81 6/10/1995 Dee Sheffrin	3:17.88 19/03/1995 S Crow	8:31.30 15/09/2007 Vicki Horn	16:22.32 15/09/2007 Vicki Horn			1950 2003 Chris Killey	2950 17/06/2007 Kylie Ferguson
40-44	0:40.21 28/03/1998 Sue Crow	1:39.33 Jan Sayers	3:28.13 23/11/1997 Dee Sheffrin						
45-49	0:40.33 7/04/2001 Sue Crow	1:41.60 Carol Freeman	3:24.39 20/10/1999 Margie Moore	7:43.82 15/09/2007 Caroline Clarkson	15:33.44 15/09/2007 Caroline Clarkson	30:02.39 15/09/2007 Caroline Clarkson			
50-54	0:41.63 4/06/2006 Sue Crow	1:29.73 24/11/2007 Dee Sheffrin	3:32.70 21/10/2004 Margie Moore	7:53.04 19/10/2009 Caroline Clarkson	15:44.79 19/10/2009 Caroline Clarkson	29:22.26 29/10/2008 Dee Sheffrin			
55-59	0:44.56 20/03/2008 Jan Sayers	1:47.28 30/03/2002 Ros McLean	3:52.37 27/03/2002 Ros McLean						
60-64	0:50.61 29/03/2005 Ros McLean	1:51.41 29/03/2005 Ros McLean	3:56.19 25/04/2003 Ros McLean	9:08.49 8/02/2004 Julie Fechner	18:08.57 8/02/2004 Julie Fechner	33:59.54 17/06/2007 Julie Fechner	1250 2003 Julie Fechner		2500 2003 / 1/11/09 Julie Fechner / R. Gillespie
65-69	0:50.87 14/03/2009 Ros McLean	1:58.57 20/03/2008 Ros McLean	4:09.68 22/02/2009 Ros McLean	9:29.17 19/10/2009 Virginia de Vos	19:20.33 19/10/2009 Virginia de Vos	36:48.08 19/10/2009 Virginia de Vos			
70-74	0:55.63 5/05/2002 Dorothy Dickey	2:08.86 11/10/2001 Dorothy Dickey	4:25.84 5/05/2002 Dorothy Dickey	9:43.54 2003 Dorothy Dickey					
75-79	0:58.33 14/10/2006 Dorothy Dickey	2:07.70 8/01/2006 Dorothy Dickey	4:26.97 2007 Dorothy Dickey	9:53.37 5/03/2006 Dorothy Dickey	19:52.70 5/03/2006 Dorothy Dickey	37:58.45 5/03/2006 Dorothy Dickey			
80-84	1:13.78 29/03/2003 Delzie Lucas	2:49.63 10/07/2002 Delzie Lucas							

Women's Long Course Records - BREASTROKE

AGE GROUP	50 BREAST	100 BREAST	200 BREAST	400 BREAST	800 BREAST	1500 BREAST	30 MIN BREAST	45 MIN BREAST	60 MIN BREAST
20-24	0:39.05 23/03/2008 Amanda Jacob	1:24.13 22/03/2008 Amanda Jacob	3:01.25 20/03/2008 Amanda Jacob						
25-29	0:42.45 15/10/2009 Sarah Posner	1:35.67 11/10/2009 Sarah Posner	3:02.90 2/03/1996 Leigh Townsend			30.11.54 24/05/2009 Sarah Posner	1450 22/03/2009 Sarah Posner		
30-34	0:38.81 19/02/1994 Neroli Nixon	1:20.25 1991 Neroli Nixon	2:51.03 5/03/2006 Neroli Nixon	9:51.95 1991 Maria Trautman-Pasquini			1275 2003 Vicki Horn		
35-39	0:40.99 19/02/1994 Dee Sheffrin	1:31.70 5/10/1995 Dee Sheffrin	3:18.63 Dee Sheffrin	8:21.54 15/09/2007 Vicki Horn	16:47.03 15/09/2007 Vicki Horn	28:10.57 1995 Dee Sheffrin		1850 2002 Chris Killey	2500 27/05/2007 Kylie Ferguson
40-44	0:38.44 25/03/1994 Sue Harbottle	1:25.30 Sue Harbottle	3:04.24 Donna Gadsby	6:43.76 2003 Donna Gadsby	14:22.72 1998 Dee Sheffrin		1350 2002 Caroline Clarkson		2700 2002 Caroline Clarkson
45-49	0:39.93 1/04/1995 Sue Harbottle	1:28.43 28/03/1998 Sue Harbottle	3:10.33 2005 Donna Gadsby	6:46.69 2005 Donna Gadsby	14:09.67 6/02/2005 Donna Gadsby	27:54.46 10/11/2002 Dee Sheffrin		2075 2003 Caroline Clarkson	2700 2006 Caroline Clarkson
50-54	0:40.46 20/04/2008 Dee Sheffrin	1:29.41 7/04/2001 Sue Harbottle	3:17.02 5/05/2002 Sue Harbottle	7:10.75 19/10/2009 Dee Sheffrin	14:41.17 19/10/2009 Dee Sheffrin				
55-59	0:41.35 4/01/2005 Sue Harbottle	1:32.50 4/01/2005 Sue Harbottle	3:23.56 2005 Sue Harbottle	9:48.21 10/01/2007 Robyn Gillespie	17:37.54 6/02/2005 Bronwyn Pask				
60-64	0:53.52 5/04/1996 Maria Galambos	2:01.13 5/04/1996 Maria Galambos	4:29.64 2/03/1996 Maria Galambos	10:02.79 9/08/2009 Robyn Gillespie	20:52.07 28/06/2009 Robyn Gillespie	37.26.00 12/07/2009 Bronwyn Pask	1325 24/05/2009 Robyn Gillespie	1700 3/11/2009 Robyn Gillespie	2450 15/04/2007 Bronwyn Pask
65-69	0:53.36 28/03/1998 Maria Galambos	2:03.93 12/03/1998 Maria Galambos	4:32.77 28/04/2000 Maria Galambos					1600 10/08/2008 Julie Fechner	2075 8/06/2008 Julie Fechner
70-74	0:56.31 17/04/2004 Maria Galambos	2:08.20 29/03/2003 Maria Galambos	4:53.13 29/03/2003 Maria Galambos	10:20.40 Feb-00 Dorothy Dickey	20:56.02 2003 Maria Galambos				
75-79	1:02.91 23/03/2008 Maria Galambos	2:24.54 22/03/2008 Maria Galambos	5:13.66 20/03/2008 Maria Galambos						

Women's Long Course Records - BUTTERFLY

AGE GROUP	50 FLY	100 FLY	200 FLY	400 FLY	800 FLY	1500 FLY
20-24	0:34.21 20/03/2008 Amanda Jacob	1:13.97 23/03/2008 Amanda Jacob	3:09.90 20/02/1994 Heidi Pederson			
25-29	0:30.29 13/06/1905 Neroli Nixon	1:07.95 1991 Neroli Nixon	2:58.10 8/09/1995 Angela Wooles			
30-34	0:30.95 14/06/1992 Neroli Nixon	1:08.87 3/04/1993 Neroli Nixon	2:30.32 1992 Neroli Nixon			
35-39	0:34.78 28/03/1998 Neroli Nixon	1:27.25 14/03/2009 Kylie Ferguson	3:28.27 20/02/2009 Kylie Ferguson			
40-44	0:35.18 17/04/2004 Barb Smith	1:18.65 25/03/1994 Sue Harbottle	3:13.92 25/03/1994 Liz Pratt			
45-49	0:33.75 29/09/1999 Sue Harbottle	1:17.88 14/03/2009 Barb Smith	3:50.44 12/04/1997 Jan Sayers			
50-54	0:34.39 25/03/2002 Sue Harbottle	1:19.63 14/02/2009 Dee Sheffrin	3:57.17 20/02/2009 Caroline Clarkson			
55-59	0:35.52 4/01/2005 Sue Harbottle	1:39.60 20/04/2008 Margie Moore	4:39.16 28/03/1998 Julie Fechner			
60-64	0:58.10 5/10/1995 Maria Galambos	1:40.33 1988 Margaret Cunningham	4:59.18 10/07/2002 Julie Fechner			
65-69	0:43.45 12/06/1995 Margaret Cunningham	02:21.7 9/05/1998 Maria Galambos	4:55.97 22/04/2008 Julie Fechner	12:01.88 15/09/2007 Julie Fechner		
70-74	1:02.90 10/00 Dorothy Dickey	2:42.79 11/01/2003 Maria Galambos				
75-79	1:17.30 26/02/2006 Dorothy Dickey	2:53.49 23/03/2008 Maria Galambos				

Women's Long Course Records - INDIVIDUAL MEDLEY

AGE GROUP	200 IM	400IM	800 IM				
20-24	2:43.83	5:51.54					
	23/03/2008	21/03/2008					
	Amanda Jacob	Amanda Jacob					
25-29	2:38.96						
	20/02/1994						
	Leigh Townsend						
30-34	2:30.32	5:37.51					
	25/03/2002	2002					
	Neroli Nixon	Kate Durrant					
35-39	3:15.01	7:24.93					
	3/04/1993	1/04/2006					
	Liz Pratt	Vicki Horn					
40-44	2:52.87						
	20/02/1994						
	Sue Harbottle						
45-49	2:52.34	6:30.71					
	20/04/2008	6/02/2005					
	Barb Smith	Donna Gadsby					
50-54	3:00.57	6:31.17					
	20/04/2008	14/10/2009					
	Dee Sheffrin	Dee Sheffrin					
55-59	3:22.42	7:19.01					
	14/03/2009	4/05/2007					
	Kaye Garner	Margie Moore					
60-64	3:55.43	8:24.09					
	29/03/2003	2003					
	Ros McLean	Ros McLean					
65-69	3:43.99	8:46.17	20:32.84				
	1990	20/02/2009	15/09/2007				
	Margaret Cunningham	Ros McLean	Julie Fechner				
70-74	4:38.62	9:55.66					
	7/04/2001	1/04/2000					
	Dorothy Dickey	Dorothy Dickey					
75-79	4:43.49						
	4/01/2006						
	Dorothy Dickey						