

# Men's Long Course Records - FREESTYLE

AGE GROUP	50 FREE	100 FREE	200 FREE	400 FREE	800 FREE	1500 FREE	30 MIN FREE	45 MIN FREE	60 MIN FREE					
20-24	0:27.90 28/11/2009 Matt Clarkson	1:20.70 11/10/1997 Kelly Kelly	3:32.37  Kelly Kelly											
25-29	0:26.34 19/03/1995 Geoff Maher	1:01.64 08/09/1995 Geoff Maher	2:25.63 13/10/2009 Michael Drake	5:04.48 12/10/2009 Michael Drake										
30-34	0:27.73 07/04/2001 Geoff Maher	1:05.46 03/04/1993 Paul Robertson	2:20.65 05/03/2000 Mark Farrance											
35-39	0:26.72 22/03/2008 Frank Braun	1:01.64 02/03/1996 Steve McNamara	2:10.63 21/02/2009 Frank Braun	4:31.60 22/03/2008 Frank Braun	9:16.45 17/04/2008 Frank Braun	17:38.67 07/03/2009 Frank Braun								
40-44	0:25.96 06/04/2006 Andrew Gilchrist	0:57.12 06/04/2006 Andrew Gilchrist	2:05.11 24/10/1997 Frank Christian	4:27.19 1997 Frank Christian	9:24.12 1997 Frank Christian	17:46.44 1999 Frank Christian								
45-49	0:26.11 20/04/2008 Andrew Gilchrist	0:57.13 21/03/2008 Andrew Gilchrist	2:03.71 04/01/2005 Frank Christian	4:22.26 2005 Frank Christian	9:14.68 2005 Frank Christian	17:43.47 2003 Frank Christian	1850 2002 David Pope / Michael Sorensen	2825 2003 David Pope	3775 2003 David Pope					
50-54	0:28.85 20/02/2009 David Murphy	1:00.00 14/03/2009 Frank Christian	2:05.07 19/04/2008 Frank Christian	4:24.41 23/04/2008 Frank Christian	9:17.51 17/04/2008 Frank Christian	18:00.54 2007 Frank Christian	1800 2003 Murray Burns	2750 2002 Murray Burns	3750 2003 Murray Burns					
55-59	0:28.09 12/03/1998 Tony Strahan	1:02.67 12/03/1998 Tony Strahan	2:20.75 12/03/1998 Tony Strahan	6:33.60 09/11/2008 Murray Burns	13:10.25 09/11/2008 Murray Burns	24:40.04 09/11/2008 Murray Burns	1825 09/11/2008 Murray Burns	2750 16/10/2008 Murray Burns	3450 25/01/2009 Murray Burns					
60-64	0:28.26 10/07/2002 Tony Strahan	1:02.45 10/07/2002 Tony Strahan	2:21.80 10/07/2002 Tony Strahan	5:38.22 17/04/2004 Frank Godden	11:26.74 08/02/2004 Frank Godden	21:46.39 08/02/2004 Frank Godden	1900 13/05/2007 Frank Godden	2500 12/08/2007 Rod Clarke	3150 2002 John Ashton					
65-69	0:33.58 29/03/2003 Derek Mandy	1:16.19 29/03/2003 Derek Mandy	3:00.06 26/10/2006 Mal Williams	6:40.06 05/03/2006 Mal Williams	12:09.35 14/07/2007 Mike Slaon	23:25.52 10/05/2009 Frank Godden	1575 2002 Roy Millist	2250 2002 Brian Garvey	3000 2002 Brian Garvey					
70-74	0:34.34 21/03/2008 Derek Mandy	1:19.24 18/04/2008 Derek Mandy	3:07.27 19/04/2008 Mal Williams	6:48.71 22/03/2008 Mal Williams	15:02.55 19/02/2006 Roy Millist	31:04.74 30/03/2008 Roy Millist	1525 2007 Roy Millist	2100 02/11/2008 Brian Garvey	2825 12/10/2008 Brian Garvey					
75-79														

# Men's Long Course Records - BACKSTROKE

AGE GROUP	50 BACK	100 BACK	200 BACK	400 BACK	800 BACK	1500 BACK	30 MIN BACK	45 MIN BACK	60 MIN BACK
20-24									
25-29									
30-34	0:37.55 20/02/1994 Mike Hallett	1:28.16 06/02/1993 Mike Hallett	3:18.79 19/02/1994 Mike Hallett						
35-39	0:31.83 04/05/2007 Fernando Cardenas	1:08.24 12/10/2009 Fernando Cardenas	2:31.38 04/05/2007 Fernando Cardenas	5:46.69 15/09/2007 Fernando Cardenas	11:50.55 15/09/2007 Fernando Cardenas	22:25.60 15/09/2007 Fernando Cardenas			
40-44	0:30.58 22/04/2006 Andrew Gilchrist	1:08.71 09/08/2006 Andrew Gilchrist	2:29.56 06/04/2006 Andrew Gilchrist						
45-49	0:31.78 02/05/2009 Andrew Gilchrist	1:09.05 30/04/2009 Andrew Gilchrist	2:36.22 31/01/2008 Andrew Gilchrist	5:42.16 1998 Frank Christian	11:35.74 1998 Frank Christian	21:50.30 1998 Frank Christian	1375 2002 David Pope		
50-54	0:36.37 18/04/1999 Gary Winduss	1:23.37 06/10/1995 Stan Ayles	3:06.39 05/10/1995 Frank Godden						
55-59	0:36.30 12/03/1998 Tony Strahan	1:22.68 10/07/2002 Frank Godden	3:02.81 10/07/2002 Frank Godden						
60-64	0:39.41 05/05/2002 Stan Ayles	1:26.46 10/07/2002 Stan Ayles	3:04.13 17/04/2004 Frank Godden	6:32.29 2004 Frank Godden	17:46.08 2000 Brian Garvey		1650 2007 Frank Godden	2450 2007 Frank Godden	
65-69	0:49.19 03/02/2002 ??	1:49.54 29/03/2003 Brian Garvey	3:59.54 29/03/2003 Brian Garvey	8:28.61 2003 Brian Garvey		28.06.30 24/05/2009 Frank Godden	1250 2002 Brian Garvey	1850 2002 Brian Garvey	2500 2002 Brian Garvey
70-74	0:43.08 23/04/2008 Derek Mandy	1:56.02 22/04/2008 Brian Garvey	4:10.71 21/03/2008 Brian Garvey	8:51.00 15/09/2007 Brian Garvey	17:57.13 15/09/2007 Brian Garvey				
75-79									

# Men's Long Course Records - BREASTROKE

AGE GROUP	50 BREAST	100 BREAST	200 BREAST	400 BREAST	800 BREAST	1500 BREAST	30 MIN BREAST	45 MIN BREAST	60 MIN BREAST				
<b>20-24</b>	41.57 17/05/1997 Kelly Kelly	1:50.31 23/11/1997 Kelly Kelly	2:59.80 12/04/1997 Christian Lutz	7:48.07 1997 Kelly Kelly									
<b>25-29</b>	0:32.85 13/10/2001 N Lippiatt	1:16.60 05/10/1995 Geoff Maher	2:54.70 16/10/2009 Michael Drake										
<b>30-34</b>	0:32.23 04/01/2006 T Young	1:18.70 07/04/2001 Geoff Maher	3:24.70 03/04/1993 Mike Hallett			29:45.18 1993 Mike Hallett							
<b>35-39</b>	0:34.59 10/07/2002 Graham Harkins	1:17.89 10/07/2002 Graham Harkins	3:04.10 23/11/1997 Tony Wood	6:15.87 1997 Tony Wood									
<b>40-44</b>	0:33.33 18/04/1999 Tony Wood	1:17.28 07/04/2001 Tony Wood	2:50.62 07/04/2001 Tony Wood	6:13.80 1998 Tony Wood				2450 2003 Steve Twartz					
<b>45-49</b>	0:34.93 29/03/2003 Tony Wood	1:19.69 29/03/2003 Tony Wood	3:18.00 28/03/1998 Murray Burns					1875 2003 David Pope	2675 2003 David Pope				
<b>50-54</b>	0:35.35 23/03/2008 Tony Wood	1:20.63 22/03/2008 Tony Wood	2:57.21 20/03/2008 Tony Wood					2400 2002 Murray Burns	3100 19/09/2007 Murray Burns				
<b>55-59</b>	0:38.51 07/04/2001 Frank Godden	1:26.39 07/04/2001 Frank Godden	3:15.16 2003 Frank Godden	7:51.52 18/11/2008 Murray Burns	15:46.14 18/11/2008 Murray Burns	27:43.27 16/06/2007 Murray Burns	1550 28/07/2007 Murray Burns	2350 2007 Murray Burns	3100 2007 Murray Burns				
<b>60-64</b>	0:39.33 17/04/2004 Frank Godden	1:29.36 03/05/2005 Frank Godden	3:25.99 22/04/2008 Rod Clarke	7:32.54 19/10/2009 Rod Clarke	15:13.09 19/10/2009 Rod Clarke	28:28.59 16/11/2008 Rod Clarke	1500 25/01/2009 Rod Clarke	2200 03/11/2009 Rod Clarke					
<b>65-69</b>	0:41.11 17/10/2004 Mal Williams	1:33.58 14/03/2009 Frank Godden	3:27.05 14/03/2009 Frank Godden	9:15.92 15/09/2007 Chris Haw	18:22.36 2002 Brian Garvey	37:29.52 2002 Brian Garvey	1600 08/07/2007 Frank Godden	2400 22/07/2007 Frank Godden	2825 2002 John Ashton				
<b>70-74</b>	0:43.07 23/03/2008 Mal Williams	1:42.02 18/04/2008 Mal Williams	3:55.22 22/04/2008 Mal Williams	9:44.24 19/10/2009 Brian Garvey									
<b>75-79</b>													

# Men's Long Course Records - BUTTERFLY

AGE GROUP	50 FLY	100 FLY	200 FLY	400 FLY	800 FLY	1500 FLY												
<b>20-24</b>	0:29.44	1:29.11	3:38.42															
	29/11/2009	17/05/1997	23/11/1997															
	Matt Clarkson	Kelly Kelly	Kelly Kelly															
<b>25-29</b>	0:29.33																	
	05/10/1995																	
	Geoff Maher																	
<b>30-34</b>	0:30.20																	
	07/04/2001																	
	Graham Harkins																	
<b>35-39</b>	0:29.10	1:06.68	2:35.88															
	04/05/2007	20/04/2008	22/03/2008															
	Fernando Cardenas	Fernando Cardenas	Frank Braun															
<b>40-44</b>	0:27.86	1:03.96	2:21.27	5:04.43	10:54.71													
	04/01/2005	18/04/1999	1999	2000	1999													
	Andrew Gilchrist	Frank Christian	Frank Christian	Frank Christian	Frank Christian													
<b>45-49</b>	0:27.77	1:03.76	2:21.01															
	19/04/2008	27/03/2002	30/03/2002															
	Andrew Gilchrist	Frank Christian	Frank Christian															
<b>50-54</b>	0:30.08	1:04.29	2:19.16	5:08.04	10:56.60													
	14/03/2009	20/04/2008	22/04/2008	15/09/2007	15/09/2007													
	Frank Christian	Frank Christian	Frank Christian	Frank Christian	Frank Christian													
<b>55-59</b>	0:29.34	1:12.80	3:34.29		20:38.95													
	25/03/2002	27/03/2002	10/07/2002		2004													
	Lachlan McKinnon	Lachlan McKinnon	Brian Walsh		Colin McCraith													
<b>60-64</b>	0:36.97	1:25.39	3:26.20	7:51.98	17:13.77	34:14.64												
	05/04/2005	03/05/2005	03/05/2005	15/09/2007	15/09/2007	15/09/2007												
	Brian Walsh	Brian Walsh	Brian Walsh	Brian Walsh	Brian Walsh	Brian Walsh												
<b>65-69</b>	0:37.29			10:13.90	22:05.10													
	29/03/2003				2003	2002												
	Derek Mandy			Brian Garvey	Brian Garvey													
<b>70-74</b>	0:40.46																	
	19/04/2008																	
	Derek Mandy																	
<b>75-79</b>																		

# Men's Long Course Records - INDIVIDUAL MEDLEY

AGE GROUP	200 IM	400 IM	800 IM																	
20-24	2:42.95																			
	12/04/1997																			
	Christian Lutz																			
25-29	2:50.40																			
	11/10/2001																			
	N Lippiatt																			
30-34																				
35-39	2:31.07	5:21.20																		
	10/07/2002	21/03/2008																		
	Frank Braun	Frank Braun																		
40-44	2:29.73	5:33.31	11:12.44																	
	06/04/2006	2000	1999																	
	Andrew Gilchrist	Frank Christian	Frank Christian																	
45-49	2:33.12																			
	23/03/2008																			
	Andrew Gilchrist																			
50-54	2:42.84	6:40.34																		
	23/03/2008	2003																		
	Tony Wood	Murray Burns																		
55-59	2:59.69	7:04.93																		
	10/07/2002	20/02/2009																		
	Frank Godden	Murray Burns																		
60-64	3:04.60	7:07.04	17:47.66																	
	17/04/2004	29/03/2005	2003																	
	Frank Godden	Brian Walsh	Brian Garvey																	
65-69	3:36.14																			
	29/03/2003																			
	Derek Mandy																			
70-74	3:49.58																			
	23/03/2008																			
	Derek Mandy																			